Please note this is a general guide to help only, it is advisable your student comes in to the store where possible to try on Uniforms.

Flexischools Sizing Guide for current CDSHS Uniforms.

If you need items**Please feel free to order via Flexischools for pickup during shop open hours ONLY**

If you are unsure of size, you are welcome to order closest to what you think would fit (general guidelines below) and students can try on (change into) when picking up your order, they can also change sizes if required at the time of pickup.

NB-it takes approx.12-24 BUSINESS hrs from when you submit your flexischools order to when we receive it, you will have a confirmation email sent to your registered email address after your order is complete, please bring that along (or give a copy to your student) so we can copy and fulfil your order if needed.

UNIFORM FIT GUIDELINE:

General rule of fit for our uniforms, with *MOST* students is below, our sizing is designed to fit teenagers, so for our small sizes 6-14, these sizes generally fit the smaller student still wearing children's sized clothing, for the other sizes 16/XS-4XL this moves into the adult sizing and is as suggested, S (small) equates to a small adults etc, except when it comes to our sportswear, please note guide below:

Our Size	Standard Size – formal uniform	Our fit –Sport Shorts WL=wide leg / SL=slim leg	Track Jacket	Track Pants
4	6-8 children's	SL 4-6 children's	NA	NA
6	6-8 children's	SL 6-8 children's WL 4-6 women's	NA	NA
8	8 children's	SL 8 children's WL 6-8 women's	NA	8 children's
10	10 children's	SL 10 children's WL 8-10 women's	NA	10 children's
12	12 children's	SL 12 children's WL 10-12 women's	10-12 child	12 children's
14	14 children's	SL 14 children's WL 10-12 women's	12-14 child	14 children's
16/XS or 77cm	16-18 children's XS or 8-10 adults	SL 16 children's &/or XS adult WL 16 children's &/or XS adults	16 child or XS adult	16 child or XS adult
18/S or 82cm	18 children's S or 10-12 adults	SL 18 children's &/or S adults WL 18 children's &/or S adults	18 child or S adult	18 child or S adult
20/M or 87cm	M or 14-16 adults	M adults	M adults	M adults
22/L or 92cm	L adults	L adults	L adults	L adults
24/XL or 97cm	XL adults	XL adults	XL adults	XL adults
26/2XL or 102cm	2XL adults	2XL adults	2XL adults	2XL adults

(Below example is all done off a standard *size 14 child's clothing*, ie Kmart)

If currently in a standard sz 14 t-shirt - they should fit either a sz 14 or 16/XS sport polo

If currently in a standard sz 14-16 t-shirt - the formal shirt has no stretch at all, - a sz 16 in the formal shirt should give a slightly roomier fit. If lean build, try the sz 14. For the formal blouse a sz 12 should fit as the is a wider fit, if a very slim build, try a size 8-10.

If currently in a standard sz 14 shorts -
Tall and slim build - slim leg sz 14 or 16/xs sport shorts
Most girls or slightly stockier build - wide leg sz 14 or 16/xs sport shorts

Grey formal shorts and our long black dress pants - these have no give around the leg and only slight elastic band on each side of waist for a fraction of give when sitting. If in a 14 sport short, usually if build is slight a sz 14 formal is fine, if stockier try the next size up i.e. a sz 16 or a sz 77cm.

Maroon culottes and skirts - a bit trickier but if in a girl's size 12-14 should fit a sz 8, if slightly stockier build it should be a sz 10 - the culotte does have a fully elasticated back, side zip and button. The skirt has 2 elasticated panels on each side of the back of the skirt waistband, side zip and button.

Socks - go off the student's shoe size. i.e. sz 8 shoe - for girls they can do either, 2-8 or 8-11 depends if they like their sock more fitting or not, for boys it would be better to go with the size 7-10, unless they have a very slender foot, then they will also fit the 3-7. The stretch on our socks is very good, however, do bare in mind, if they are stretched, they will wear through quicker. (i.e. holes in the toes)

all NEW items can be exchanged if need be, as long as they are not worn or washed first