

THE OPPORTUNITY YEARS

IGNITING YOUR CHILD'S POTENTIAL



An engaging evening of insight, reassurance and practical strategies for parents and carers of teens and pre-teens.

6.30pm

**WEDNESDAY
18 JUNE
(FREE EVENT)**

**PAUL BANCROFT CENTRE
CLEVELAND DISTRICT SHS**

PLEASE NOTE: SENSITIVE CONTENT WILL BE DISCUSSED. THIS PRESENTATION IS NOT SUITABLE FOR CHILDREN AND TEENS.



DAMIEN HEPBURN
Director
Nexus Learning Centre



PETA-ANNE BURNS
Child and Adolescent
Psychologist



SHANE MASON
Associate Principal
Cleveland District SHS



PAULA KENNY
School-based Youth Health
Nurse

TOPICS WE WILL DISCUSS:

- What to Expect (when you're expecting a teenager)
- Drugs, Drinking and Dodging Damage
- Working with Your Child's School
- Sleep - The Underrated Crisis
- Navigating the Social Media Minefield
- Dealing with Bullying
- Consent and Respectful Relationships
- Strong Minds in Tough Times (supporting an anxious child)

To reserve your place scan the QR code or visit the website below:

<https://www.schoolinterviews.com.au/code/wvj5f>



We welcome ALL parents and carers of primary and secondary students in the Redlands